

Introduction to Online Safety

Take our Survey!



Scope of the Problem

37% of young people between the ages of 12 and 17 have been bullied online.

Only 1 in 10 teen victims will inform a parent or trusted adult of their abuse.

Instagram is the social media site where most young people—42% of those surveyed—report experiencing cyberbullying.

More than 50% of kids aged 10 to 12 have been exposed to inappropriate online content including hate speech, explicit images and videos, and vulgar, violent, and explicit language.

Online Safety Principles

- Keep your profiles private.
- Create strong passwords and don't overuse them.
- Don't share personal information.
- Don't add strangers.
- Be careful what you share: Avoid oversharing online.
- Log out after using your accounts on public computers.



What Can Parents and Guardians Do?

- Research and set up parental controls.
- Enable Google's SafeSearch function.
- Monitor Internet Use.



Refer to the Cyber Safe Schools website to access more resources

What did I learn today?

Today we learned why online safety is important and how to keep our personal information private. We also learned safety principles that will help us make smarter choices when we are using the Internet, playing video games, and connecting with others through social media.

Notes



References

- Cohen. S. (2024, March). "The ultimate internet safety guide for kids." Forbes. <https://www.forbes.com/home-improvement/internet/child-internet-safety-guide/>
- DoSomething. (2018, November 16). "11 facts about cyberbullying." <https://dosomething.org/article/11-facts-about-cyber-bullying#fn9>
- GCF Global. (n.d.). "Internet safety for kids: Using social networks safely." Retrieved July 2024, from <https://edu.gcfglobal.org/en/internetsafetyforkids/understanding-filesharing-networks/1/>
- National Children's Advocacy Center. (n.d.). "Internet safety tips for kids and teens." Retrieved July 2024, from <https://www.nationalcac.org/internet-safety-tips/>

Next Time: 02 - Online Solicitation

In the next Cyber Safe Schools presentation, we'll discuss online solicitation and dangerous behaviors. Students will learn how to keep themselves safe online and how to avoid online interactions with strangers and bullies.